



DRAGONFOOT BOXING & MARTIAL ARTS

Owner, Founder & Chief Instructor
Mr Jon Green 6th Dan

Senior Instructor
Mr Graham Blackwell 4th Dan

Instructor
Mr Shaun Law 1st Dan

Junior Instructor 2nd Dan
Mr Ethan Harlow

CONTACT

PHONE:
07779784760

WEBSITE:
www.dragonfootgym.co.uk

EMAIL:
jondgreen@hotmail.com

DRAGONFOOT BOXING & MARTIAL ARTS

Unit 7
Swinton Yard
Rowms Lane
Swinton
Rotherham
United Kingdom
S64 8AE

Yours in Sport

Chief Coach Jon Green 6th Dan
Date: 19/05/20



COVID-19

Method Statement: Classes of 10



OFFICIAL OBJECTIVE

Covid-19:

To plan and implement stringent control measures to minimise the risk of members of Dragonfoot Boxing & Martial Arts Centre contracting or transmitting Covid-19.

COVID-19 INFECTION PROTECTION AND CONTROL MEASURES:

Class Booking:

- 10 person maximum class capacity
- Online, pre-booking admissions only
- Cashless payment system
- Online disclosure within booking to confirm Covid-19 symptom free by members & staff

Gym Management:

- Covid-19 cleaning of non-healthcare settings guidance
- [Click here for up to date UK Government Guideline](#)
- Surfaces & Equipment to be disinfected Pre/Post classes

Access/Egress:

- Place signs to designate 2-meter distance queuing
- Prior to entering members pass temperature check
- Members arrive through the entrance
- Members leave through exit (Separate Entrance & Exit)

Class Management

- Marked out training areas of 3m by 3m per person
- Members must stay within their allocated area
- Members may only leave area for toilette break/Class End
- Classes will run for 45 minutes
- Group size limited to 10 members
- No contact will be allowed between members or staff
- Contact will resume following government guidelines
- After each class surfaces & equipment to be disinfected

Centre Hygiene Maintenance:

- Hand sanitiser to be available for members
- Surfaces & Equipment to be disinfected in between classes
- Coaches to wear PPE (Gloves, Mask & Shield)
- Coaches to wash hands regularly

Reporting Infection:

- Suspected cases of infection must be reported by members
- Following any suspected infection deep clean to be done
- Classes will be suspended until infection confirmed
- If infection confirmed all members must self-isolate
- Classes will resume after deep clean and 2 weeks have passed from confirmed infection notification

METHOD STATEMENT:

By adhering to the above control measures we aim to control, limit, & minimise the chance and rate of infections from Covid-19. From within Dragonfoot Boxing & Martial Arts centre for our staff, members & general public. **Dragonfoot Boxing & Martial Arts & Boxing Centre reserve the right to refuse entry to any member who may have Covid-19 symptoms.**

Please note: These control measures are subject to change & will be reviewed in line with government advice & guidelines upon subsequent updates.